






***Online Assessment Tracking Database***





Sam Houston State University (SHSU)  
*2014 - 2015*

**Kinesiology BS (Sports Medicine)**

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<b>Goal</b>	<b>Biomechanics Skills</b>  Sport Medicine students will demonstrate problem solving and reasoning skills with emphasis in program application.
<b>Objective (L)</b>	<b>Principles Of Sport Medicine</b>  Students in the Sports Medicine program will be able to effectively demonstrate the lever system and articulate the manner in which it relates to the human body.
<b>Indicator</b>	<b>Principles Of Sport Medicine</b>  A common embedded portion of each KINE 3362 section's written exam (developed by the Exercise Science faculty) will require students to explain the lever system and discuss how it relates to the human body. Students will be required to demonstrate proper mechanical principles in an advanced KINE course.
<b>Criterion</b>	<b>Principles Of Sport Medicine</b>  At least 80% of the Kinesiology BS (Exercise Science) students will score at least 78% or higher in the lever quiz assignment and the applied demonstration (practical lab demonstration).
<b>Action</b>	<b>Kinesiology BS (Sports Medicine) - Eliminated</b>  This area was removed and replaced by the BS in Athletic Training.

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<b>Goal</b>	<b>Communication Skills</b>  The Kinesiology BS Sports Medicine Program will train students to be proficient in oral and written communications skills.
<b>Objective (L)</b>	<b>Communication Skills</b>  Students majoring in Kinesiology Sports Medicine will be able to effectively communicate the athletics trainer's role in evaluating an injury in the absence of a physician in an oral and written format.
<b>Indicator</b>	<b>Communication Skills</b>  Two exams developed by the faculty in KINE 3370- Prevention and Care of Injuries, will measure the student's ability to effectively communicate the athletic trainer's role in evaluating an injury in the absence of a physician.
<b>Criterion</b>	<b>Communication Skills</b>  At least 75 percent of the Kinesiology BS (Sport Medicine) students must successfully address seven out of the ten indicators stating the athletic trainer's

role in evaluating an injury in the absence of a physician.

**Action****Kinesiology BS (Sports Medicine) - Eliminated** 🔑

This area was removed and replaced by the BS in Athletic Training.

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**Goal****Content Knowledge** 🔑

The Kinesiology BS Sports Medicine Program will provide students with the content knowledge and skills that are needed by professionals in the field.

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**Objective (L)****Content Knowledge** 🔑

Students majoring in Kinesiology Sports Medicine will be able to successfully explain, demonstrate, and prescribe exercises designed to improve the components of physical activity--muscular strength, flexibility, balance, power, speed, and cardiovascular endurance.

**Indicator****Content Knowledge** 🔑

One exam in KINE 3373 will require students to thoroughly explain, demonstrate, and prescribe exercises designed to improve the components of physical activity--muscular strength, flexibility, balance, power, speed, and cardiovascular endurance.

**Criterion****Content Knowledge** 🔑

Students enrolled in KINE 3373 must score 75 percent or higher on the exam that assesses student content knowledge of the components of physical activity--muscular strength, flexibility, balance, power, speed, and cardiovascular endurance.

**Action****Kinesiology BS (Sports Medicine) - Eliminated** 🔑

This area was removed and replaced by the BS in Athletic Training.

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**Goal****Evaluation Of Injury Skills** 🔑

Students majoring in Kinesiology (Sport Medicine) will be able to successfully assess musculoskeletal injuries in athletes occurring in practice and competition.

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**Objective (L)****Assessment Of Musculoskeletal Injuries** 🔑

Students majoring in KINE Sports Medicine will be able to identify common musculoskeletal injuries that occur in sports setting.

#### Indicator

#### Assessment Of Musculoskeletal Injuries 🔑

A practical examination in KINE 3369- Therapeutic Modalities of Athletic Training, will require students to accurately assess common musculoskeletal injuries on practical exams

#### Criterion

#### Assessment Of Musculoskeletal Injuries 🔑

Kinesiology BS (Sport Medicine) students enrolled in KINE 3369-Therapeutic Modalities of Athletic Training, must score 85% or higher on the practical examination that assesses student knowledge of musculoskeletal injuries.

#### Action

#### Kinesiology BS (Sports Medicine) - Eliminated 🔑

This area was removed and replaced by the BS in Athletic Training.

### Previous Cycle's "Plan for Continuous Improvement"

With the transition to a nationally accredited program, it was difficult to focus on current curriculum issues as these will be in transition over the next four years. However overall the faculty was pleased with the majority of the outcomes and seeks to continue to build this program in the future.

With the addition of the new program director, the faculty is confident that this degree will continue to improve this coming year. Concurrent with the new degree is the addition of 6 new courses that will offer the Athletic Training student new opportunities to further their sports medicine education.

**Please detail the elements of your previous "Plan for Continuous Improvement" that were implemented. If elements were not implemented please explain why, along with any contextual challenges you may have faced that prevented their implementation.**

The BS in Athletic Training has replaced this area in our degree programs. As a result of consulting with the Chair of Kinesiology and the Associate Dean of the College of Health Sciences, this area (Kinesiology BS [Sports Medicine]) has been subsequently retired.

**Plan for Continuous Improvement - Please detail your plan for improvement that you have developed based on what you learned from your 2014 - 2015 Cycle Findings.**

The BS in Athletic Training has replaced this area in our degree programs. As a result of consulting with the Chair of Kinesiology and the Associate Dean of the College of Health Sciences, this area (Kinesiology BS [Sports Medicine]) has been subsequently retired.